

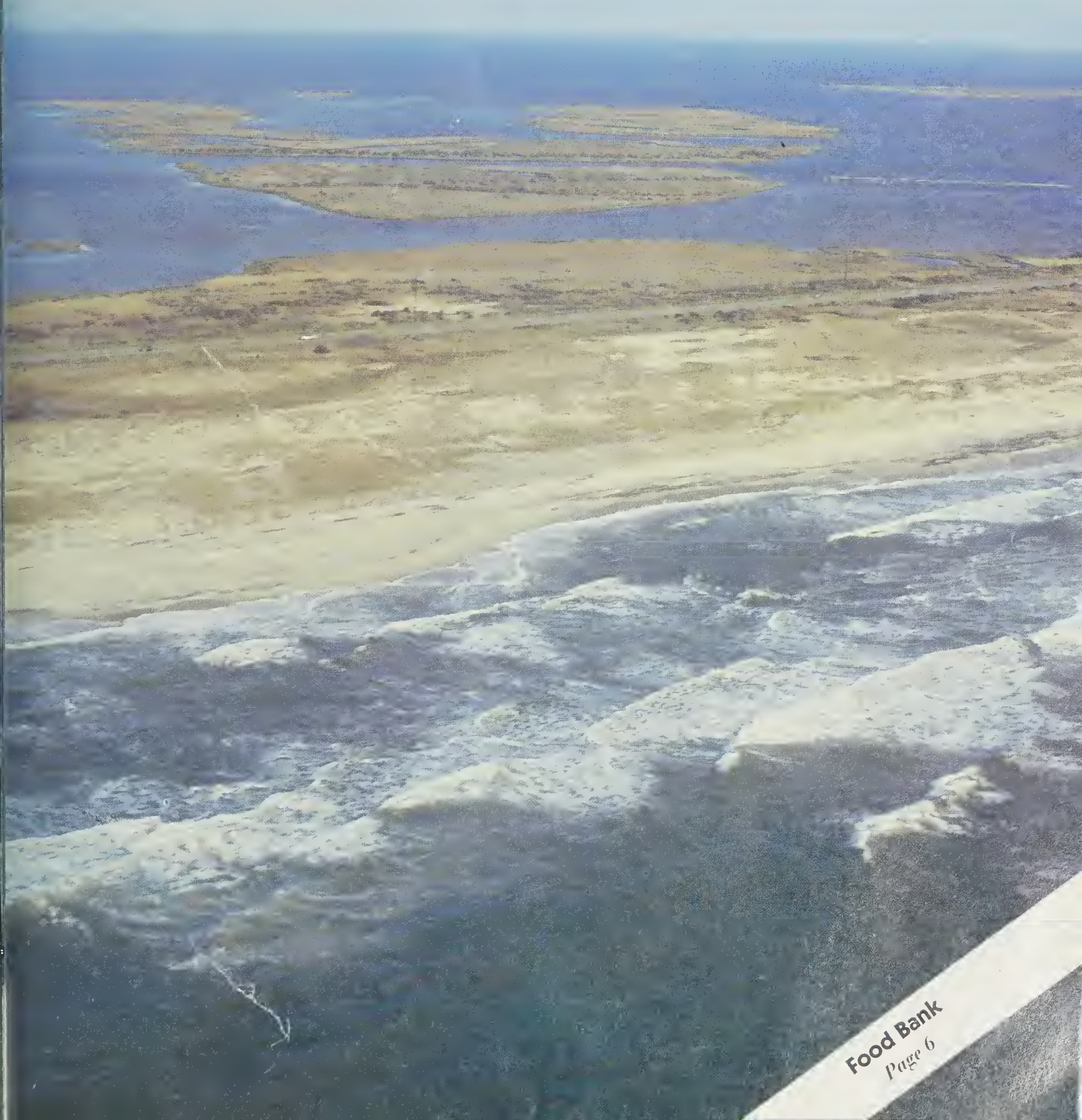
Volume 26, No. 7, July 1994

# CAROLINA COUNTRY

Official publication of Carolina Electric Cooperatives

C630.5 / C293

**Looking over our coast**  
*Pages 8-11*



**Food Bank**  
*Page 6*



Memory  
Loss?

Try a  
spoonful of sugar!

High  
Blood Pressure?

Surprising benefits  
of grapefruit!

Hiccups?

Massage  
your  
earlobes!

## "1,001 Home Health Remedies"

(By Frank K. Wood)

FC&A, a Peachtree City, Georgia, publisher, announced today the release of a new 456 page book for the general public, "1,001 Home Health Remedies."

- ▶ Enjoy a stalk of this crunchy salad vegetable and you may help lower your blood pressure. This old Oriental remedy still works!
- ▶ Did you hear about the "health-farm diet" for arthritis? Folks who tried it got real relief from pain and lost weight, too!
- ▶ Sweet, small fruit that helps lower dangerous LDL cholesterol in just four weeks.
- ▶ Do you have stiff, achy joints? The good news is it might not be arthritis, but a common virus your doctor can treat!
- ▶ Backache? When bed rest can cause, not cure, it.
- ▶ A vitamin that may help ward off heart attacks! From research by the World Health Organization.
- ▶ Good news! Aspirin for arthritis is just as good as ibuprofen.
- ▶ Some asthma drugs do more harm than good; their names are in the book!
- ▶ Enjoying this tasty and popular nut can help cut your cholesterol by 20 points without medication! Documented at a cardiac research center in California.
- ▶ Do you suffer from lower back pain? You could be unloading your dishwasher the wrong way. Here's the right way.
- ▶ Help prevent cold sores on your lip with this common over-the-counter drugstore item.
- ▶ Depression is not "all in your head!" Sometimes it's a gland problem that can be treated.
- ▶ Did you know headaches come in seven different forms? You will after you see the book of "1,001 Home Health Remedies." And there's a different home remedy for each of the seven!
- ▶ Discover the 16 ways to get rid of insomnia and get a good night's sleep - without taking sleeping pills.
- ▶ Senility from your kitchen? These six tips can help you

avoid ingesting this metal through your food and water.

- ▶ Want to lose weight fast? Don't forget to eat this! It "can play a major role in weight loss," nutritionists have found.
  - ▶ Can one simple mineral double your chances of surviving a heart attack? Maybe yes, doctors say - and it could save thousands of lives each year!
  - ▶ Hemorrhoid relief - without embarrassing doctor visits, without surgery, without smelly drug store preparations.
  - ▶ Women who take this vitamin supplement have 36 percent lower risk of heart attack. This is from a study reported by a major health organization.
  - ▶ 12 easy ways to hang up on heartburn.
  - ▶ Do you sometimes feel short of breath? Many people do. A new report in the *British Medical Journal* says you'll breathe much easier by doing this easy exercise with an ordinary balloon!
  - ▶ This dietary supplement boosts the immunity of elderly adults.
  - ▶ How to control embarrassing bladder leaks. From this university medical center.
- Learn all these natural healing secrets. Book includes over 1,001 ways to perfect health. To order a copy, just return this notice with your name and address and a check for \$7.99 plus \$2.00 shipping and handling to our address: **FC&A, Dept. GKB-7, 103 Clover Green, Peachtree City, GA 30269.** We will send you a copy of "1,001 Home Health Remedies."
- Save! Return this notice with \$15.98 plus \$2.00 for two books (no extra shipping and handling charges.)
- You get a no-time-limit-guarantee of satisfaction or your money back.
- You must cut out and return this notice with your order. Copies will not be accepted!**
- IMPORTANT - FREE GIFT OFFER EXPIRES AUGUST 15, 1994**
- All orders mailed by August 15, 1994, will receive a free gift, "Healthy Meals for Quick, Natural Weight Loss," guaranteed. Order right away!



"We're so positive that Roach Kill will kill every last roach in your house that we'll send you a free gift just for trying it."

## "ROACHES!"

I HAD THEM BY THE HUNDREDS, BUT NOW I DON'T HAVE A SINGLE ROACH"

(By J. Robson)

Have you ever seen a roach run out of a bowl as you were about to put food in it? Well, I have. Just turn out the lights and an army of roaches would attack the whole house.

I had tried smelly sprays and other insecticides to get rid of them. But they just kept coming back. Nothing worked for very long, but then...

A friend told me about an amazing powder, Roach Kill, that killed all her roaches. I tried it, and it worked like a miracle. It killed them all for good. Now I don't have a single roach.

Roach Kill is an odorless, white powder. Roach Kill is applied in seconds from a squeeze bottle behind appliances.

The secret is in the fact that it's odorless. Roaches can't smell it, so they don't avoid it like they avoid smelly spray insecticides. Instead, they walk right over it. They pick up a little bit on their legs and carry it back to their hidden nests in the walls. There, it wipes out the whole colony that breeds new roaches.

It keeps right on working even months after one, and only one, treatment.

Roach Kill is so incredibly effective it has a double-your-money-back guarantee. Roach Kill is guaranteed to wipe out every roach in the house or apartment with one treatment, or we'll send the customer double his money back.

All a customer has to do is return the empty bottle to us with a note that he saw even one single roach after trying it according to the simple directions.

To order a bottle, just return this notice with your name and address and a check for \$7.99 plus \$2.00 shipping and handling, and we will send you a bottle of Roach Kill right away. Or, for only \$9.99 plus \$2.00 shipping and handling, you can get a large, economy-size bottle big enough to treat your whole house, including your garage and basement.

Send your check with your name and address to: **FC&A, Dept. VKB-7, 103 Clover Green, Peachtree City, GA 30269.**

You get a no-time-limit guarantee of satisfaction or double your money back.

**You must cut out and return this notice with your order. Copies will not be accepted.**

**IMPORTANT - FREE GIFT OFFER EXPIRES AUGUST 15, 1994**

All orders mailed by August 15, 1994, will receive a free gift, guaranteed. Order right away!

WHY ARE WE PRACTICALLY  
"GIVING AWAY"



## "401 WOODWORKING PATTERNS FOR ONLY 2¢ EACH?"

IF YOU LIKE TO CUT PATTERNS OUT OF WOOD, THIS IS THE SET FOR YOU. YOU'LL FIND A TREASURE HOUSE OF IDEAS INSIDE. 401 BEAUTIFUL WOODWORKING PATTERNS AND DESIGNS.

(By Frank K. Wood)

FC&A, a Peachtree City, Georgia, publisher, announced today that it is practically "giving away" an all-new set of "401 Woodworking Patterns."

- Curvy curios, charming country cats.
- Sturdy shelves, shadow boxes, show plaques.
- Victorian ladies and stylish gents.
- Rack up your spices, spice up your den.
- Folk art, Shaker art, modern art, too.
- Hanging hearts, huggable bears.
- Welcome signs, house name and number sign, proudly displayed.
- Whizzing whirligigs, models of planes.
- Birthday surprises, decorations for major events, comic cartoons.
- Dancing bear, prancing pony, soaring eagle.
- Circus animals and barnyard critters.
- Christmas candy cane mouse and candy cane border for your house.
- Summer garden helpers, lawn deco art.
- Pretty jewelry ideas for girls of all ages.
- Picture-perfect frames, country carousels on a stand.
- Bunnies for Easter, rabbits to hang on the wall.
- Angels of love, Christmas and song.
- And much, much more.



Build all these wooden favorites. Illustrated plans include full-size patterns and complete instructions. To order a set, just return this notice with your name and address and a check for \$7.99 plus \$2.00 shipping and handling, and we will send you "401 Woodworking Patterns." Or, for only \$9.99 plus \$2.00 shipping and handling, you can get both the basic set and an extra 100 large patterns.

Send your check along with your name and address to: **FC&A, Dept. OKB-7, 103 Clover Green, Peachtree City, GA 30269.**

You get a no-time-limit guarantee of satisfaction or your money back.

**You must cut out and return this notice with your order. Copies will not be accepted!**

**IMPORTANT - FREE GIFT OFFER EXPIRES AUGUST 15, 1994**

All orders mailed by August 15, 1994, will receive 50 special, seasonal woodworking patterns as a free gift guaranteed. Order right away!



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# CAROLINA COUNTRY

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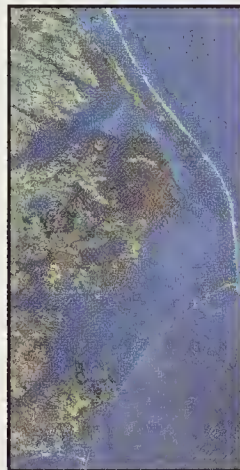
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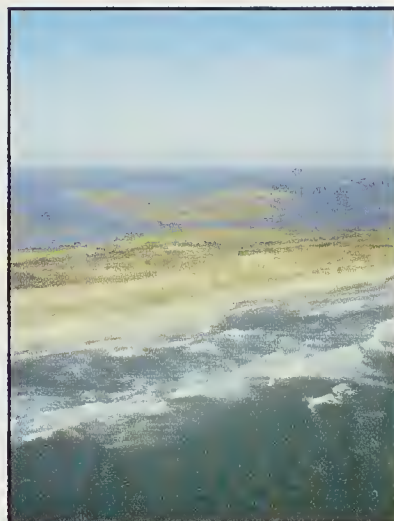
Steak Orientale.



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### On the Cover

From the sea to the sound, a bird's-eye view of Cape Hatteras National Seashore. Photograph by Michael E.C. Gery.





# Developing our coast, naturally

By E. Travis Davis

The word "development" is not welcomed in some quarters. Some people consider development solely as mindless paving of paradise.

But in its fullest sense, to develop means to discover, to unwrap and to open.

Research and development brings us advances in health care, transportation and communication we depend on every day. As a photograph develops, we see something in a new light.

As a story develops, we become interested. Development of ideas raises us to new heights of understanding.

In this "Year of the Coast" in North Carolina, we are hearing concerns about the "excessive development" of our coastal areas. And rightly so.

North Carolinians are very proud, and very protective, of our coast. We can claim the most beautiful beaches and estuarine systems in the nation. And over the years we have worked hard to keep them beautiful. We have the nation's two grandest national seashores at Cape Hatteras and Cape Lookout. Big national wildlife refuges and national forests preserve vast tracts of natural areas from Knotts Island to Cape Carteret. State reserves, game lands, parks, historic sites and private conservancies all along our seaboard serve similar purposes.

These, too, are developments. Diligent, enterprising individuals and organizations worked hard to develop parks and wildlife sanctuaries.

What we are seeing now is the inevitable popularity of these developments. People want to be near them. They want to visit them. They want to live and work near the coast, just as other people want to live and work in North Carolina's cities and majestic mountains.

And they can get here. Fifty years ago there was no hard-surfaced road anywhere on the Outer Banks. Bridges did

not reach offshore islands. Now our coast is a day's trip from several states, and visitors can take a swim, watch a sunset and enjoy a fresh seafood dinner the day they arrive.

Making a living on the coast is not as difficult as it was only a generation ago. Accommodating one another is the principal reason. As more people visit and stay on the coast, they find ways to serve society in trade, government, civil and military service, professional and commercial service, arts

and crafts, entertainment, recreation, education. New long-distance communication and transportation technology surely will allow more people to seek a livelihood here.

The traditional fishing industry has come on hard times, mainly because of the multi-faceted use of its resource. The same circumstances faced traditional coastal hunting guides, craftsmen, farmers, merchants and boatbuilders of years ago, but their families persevered and adapted and maintained their places in their communities. Just come to Harkers Island, and you'll see what I mean.

The smart way to endure these developments is to try first to understand them, examine all sides, plan prudently and go forward.

Here on Harkers Island, for example, our emerging Core Sound Waterfowl Museum (as well as the new Graveyard of the Atlantic Museum on Hatteras Island) will not only preserve an understanding of coastal culture, but they represent contemporary economic development. Recreational fishing, Intracoastal Waterway marinas, kayaking the salt marsh creeks, serving seafood dinners, studying estuary ecology, preserving historic architecture, and even building new beach houses and opening new stores all represent economic development on the coast that can co-exist with, rather than dominate, our natural surroundings.

North Carolina's electric cooperatives along the coast understand and have responded to all these developments. They were formed by our communities to serve their interests. We have grown our communities, and we participate in every aspect of their development.

Today, eight electric cooperatives serve about 160,000 homes and businesses on and near the coast. Our mission is to give trustworthy service, a service that includes listening to concerns and what lies ahead and preparing ourselves for it.

The electric cooperatives who serve consumer-members on the coast — Harkers Island, Albemarle, Brunswick, Cape Hatteras, Carteret-Craven, Foy County, Jones-Onslow and Tideland — are native to this area, and we deeply respect it.

E. Travis Davis is the manager of Harkers Island Electric Membership Corporation.

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*On Harkers Island, our emerging Core Sound Waterfowl Museum will not only preserve an understanding of coastal culture, but also represents contemporary economic development.*

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# THERE'S ANOTHER WAY TO PITCH IN THAT'S EASIER THAN RINSING BOTTLES, CRUSHING CANS AND TYING UP NEWSPAPERS.



Signing up for Peak Load Management is quite a bit easier than recycling. But it's probably the most important thing you'll ever do for the environment. And all it takes is a call to your electric co-op.

During peak demand for electricity, we'll interrupt power to your central air



conditioner or heat pump and electric water heater, for brief periods. You won't be

inconvenienced.

In fact, you probably won't even know when it happens. (Just ask your friends who are already on the program.)

By managing peak demand, we can lessen the need for expensive power plants and help conserve our natural resources.

If you're concerned about the environment, this is real easy. So please give us a call.

**PEAK LOAD  
MANAGEMENT.  
ANOTHER  
WAY TO PITCH IN.**







Duane Salsrand

More than 200 volunteers work at the Raleigh warehouse.

**A**t the end of a long line, an aged man clutches the hand of a child. They wait patiently and quietly, their eyes wide and hopeful. They hope there will be food left when they get to the head of the line.

They are not war refugees.

They are here in North Carolina, and they are hungry.

The number of hungry North Carolinians is "alarming," says Kate McGuire, associate director of Food Bank of North Carolina. "And the worst part is those most vulnerable to hunger are children."

The Food Bank steadily goes about its task of feeding as many of these as possible. Part of a network of non-profit food recovery and distribution programs, Food Bank helped more than 200,000 hungry people in North Carolina in 1993.

Food Bank is one of six such agencies covering the state, all under the umbrella

# All of us need to eat

FOOD  
BANK

OF NORTH  
CAROLINA

By Peggy Howe



Cathy O'Dell

Inside the Cape Fear Community Food Bank, Fayetteville.

of a national network called "Second Harvest."

People wait in line for food, McGuire says, "when-ever centers are open, especially in rural counties where transportation is limited. And some programs operate only once or twice a week."

For example, in Sampson County, every car arriving contains two or three families — all in need.

"It's emotionally draining to see a child's face, pinched with hunger, or hear an old citizen confide that, for three days, she has eaten only oatmeal," McGuire says.

Raleigh attorney Dan Brady, longtime dedicated Food Bank board member, adds, "Responding to disaster comes easy for [all of] us when we see dramatic images on TV. Unfortunately, our nearby individual emergencies don't make evening news headlines. The Food Bank serves those whose needs are mostly short term."

He explains: A furnace wears out and needs repair;



here goes a family's food money for a week. Or a family may have a choice — rent or food — and so they appear at the nearest food distribution center. Relieving these kinds of temporary emergencies is the mission of the Food Bank.

Food Bank recipients are the nearly 100 non-profit agencies in North Carolina who distribute to needy and ill people, to infants and seniors. Now a worldwide network, the food bank concept began 25 years ago with one person — a volunteer at an Arizona soup kitchen — toppled at discarded food in a landfill.

From there the idea has grown to international proportions. United States representatives have helped set up food banks as distant as Russia.

Kate McGuire explains that the Food Bank primarily helps small agencies meet the local need. Ninety percent of a Greenville group's food comes from "re," she says. Many programs in their service area report similar percentages."

She presides over the warehouse on Raleigh's Beryl Road, near the State Fair grounds. Inside the cavernous 36,000-square-foot building food donations

from a myriad of contributors, local, state and national. Donors include food giants such as Nabisco and Procter and Gamble; supermarket chains such as Harris-Teeter and Winn-Dixie; food processors such as North Carolina's pickle companies or sweet potato growers and packers. A small portion of the food flowing to the Food Bank is from the U.S.

Department of Agriculture. Staple leftovers from the Persian Gulf War found their way here not long ago.

McGuire points out that some of the food is first quality; other donations are surplus; still others may have damaged packaging such as a dented can or torn label. Some is gleaned produce from eastern North Carolina farmers.

A 16,000-cubic-foot refrigerator and freezer unit prolongs life of food on hand. Representatives of various agencies such as soup kitchens, churches, communities, day care and group homes, arrive regularly to push their shopping carts through the wide aisles, just like at a supermarket, choosing what their clients need.

A two-year-old delivery program trucks food to Rocky Mount, Goldsboro, New Bern and Henderson for agencies that can't make it to the warehouse.

"All agencies pay the same handling fees," McGuire says. "Whether pork chops or potato chips, each agency pays 12 cents a pound for everything. And bread and produce have no fee attached. . . . Our cost is about 12 cents a pound and the average value is \$1.73 a pound, so every dol-

lar contributed translates into \$14 worth of food for the hungry."

Funding comes from the United Way, grants, religious organizations, individuals and businesses. Approximately 60 percent of contributions come from the non-profit agencies that receive food.

"But currently our most desperate need is a truck," McGuire says. A \$10,000 grant from Newman Foundation (maker

of "Newman's Own" salad dressing) is helping. The agency is searching for a 15- to 22-foot, dock-height truck.

A 16-member staff and more than 200 volunteers make the Food Bank productive. Roughly 70 volunteers appear every Wednesday evening and Saturday to do warehouse duty — described by Dan Brady as "sometimes dirty work, such as sorting salvage [damaged grocery store goods]."

Now supervised by a 15-member board, Food Bank of North Carolina began in 1980, the first in the state. Kate McGuire grins as she remembers the very first donation: peanut butter crackers from Cary's Austin Quality Foods, still a strong donor.

The facility progressed from its original 3,600 square feet and 35 agency recipients to today's ample leased space serving 500 agencies.

Besides covering 34 North Carolina counties, Food Bank deliveries have extended as far as Florida and Louisiana following the disastrous Hurricane Andrew in 1992. North Carolina's electric cooperatives were major donors to that effort. As community-based organizations, the co-ops arranged a donation drive that sent three tractor-trailer loads of supplies to the Food Bank within six days of the hurricane.

The largest-ever food drive was Winn-Dixie's 1993 effort at the N.C. State Fair, amassing a total of 212,000 pounds.

Food Bank staff and volunteers are proud of monthly distributions totaling 500,000 pounds.

Kate McGuire obviously loves her job. Associate director only 2½ years, she began her food bank career as a volunteer in Florida. She says that, after moving to North Carolina, "I tried a for-profit job for awhile but it just wasn't the same." She returned to food bank work in 1991.

Raleigh board member Dan Brady is equally enthusiastic about the Food Bank.

"It's a compelling sight," he says, "to see senior citizens or families with small children missing meals. Despite such adversity, their strength and dignity and gratitude are uplifting. Food Bank is a wonderful organization, one with such heart and mission. Once you've received the reward [of feeding the hungry] it's hard to leave. It's very gratifying."

Most importantly, he says, "It's knowing you've helped your neighbors." ●

## North Carolina Food Bank Centers

To receive details and offer donations, contact the following food banks:

### **Albemarle Food Bank**

P.O. Box 1794  
Elizabeth City, N.C. 27909  
(919) 335-4035

### **Cape Fear Community Food Bank**

P.O. Box 272  
Fayetteville, N.C. 28302  
(919) 485-8809

### **Food Bank of North Carolina**

4701 Beryl Road  
Raleigh, N.C. 27606  
(919) 833-9027

### **Food Bank of Northwest North Carolina**

3655 Reed Street  
Winston-Salem, N.C. 27107  
(919) 784-5770

### **MANNA Food Bank**

37 Garfield Street  
Asheville, N.C. 28803  
(704) 252-4602

### **Metrolina Food Bank**

P.O. Box 32264  
Charlotte, N.C. 28233  
(704) 376-1785







# How is our coast holding up?

Text and photos by  
Michael E.C. Gery

Faison Thompson Peters, a commercial fisherman in Dare County's Wanchese for 20 years, bluntly outspoken about what he says has infected North Carolina's coastal fisheries.

"The problem is water quality," Peters says. "It is being destroyed by coastal development. As long as there is a house being built within 50 feet of the water on every waterfront lot from Maine to Texas, developers will feel it is their right to fill our marshes and swamps and to develop them. They want to build houses and industry on

*"Excessive development" of their coastline seems to be the main worry among people who live there.*

every lake, stream, river, sound, gulf and ocean, as close together as they can, regardless of the consequences. . . They are filling marshes, dredging boat basins, building sewage treatment systems to dump in our sounds and in general destroying our environment. Progress is not a good thing any

more if it is at the expense of our environment."

In 1974, when Faison Peters began fishing for a living, North Carolina enacted the most comprehensive — some say the strictest — coastal conservation law in America. Now, in part because of complaints like Peters', the Coastal Area Management Act is due for an overhaul.

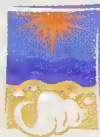
Proclaiming this the "Year of the Coast," Gov. James B. Hunt said "during the 1980s the population of the coastal zone grew at a rate of almost twice that of the entire state," and "the coastal area is experiencing greater pressures and more conflicting needs than ever before."

A Coastal Futures Committee has been working since last October not only to examine CAMA, but also to ease the "pressures" and mediate the conflicts among people who visit, live and work on a varied coast almost 300 miles long. This fall the committee will report its findings.

Meantime, factions of all stripes — historic preservationists, conservationists, government regulators, real estate develop-

Adapted from a painting by Richard Fisher, 2489 Little River Rd., Asheboro. N.C. 27203





fishermen, tourism agents, scientists, local business people—are registering their ideas and discontent, their hopes and fears that North Carolina can maintain the essential nature of its beaches, waterways, and seaside communities. Optimists say the state will grow taller as the national leader in coastal management. Skeptics already see natural resources dying fast.

## **"Development" is No. 1 concern**

In what was called "the most comprehensive and in-depth study of a portion of the North Carolina coast that has ever been done," researchers based at East Carolina University late last year found that "excessive development" of their coastline seems to be the main worry among people who live here.

The yearlong study examined coastal communities from Virginia's Tidewater south to Morehead City. A 1,300-page document, compiled by ECU or the U.S. Department of Interior's Minerals Management Service, reported the findings. The study was conducted for the federal government in conjunction with a proposal by Mobil Oil and others to drill for oil and gas off the Outer Banks [see sidebar].

"We were surprised by some of the results," said John R. Maiolo, an ECU sociologist and one of two researchers directing the project.

In response to a question that asked people to name things they consider as risks to the coastal environment, Maiolo said oil and gas drilling rated below unplanned development and sewage disposal, while rating above expanding population and natural disasters.

The study characterized the five counties of Dare, Hyde, Carteret, Beaufort and Pamlico and the seven communities of Nags Head, Wanchese, Hatteras, Ocracoke, Atlantic, Beaufort and Morehead City.

Commercial and recreational fishing, tourism, military activity and retirement living contribute to the region's social and economic character. The report noted that while there are similar patterns of commercial fishing, water recreation and tourism throughout the region, the relative importance of these varies by county and community. Nags Head, Hatteras and Ocracoke, for example, contain a mix of tourism and com-

mercial fishing. Fishing is dominant in Wanchese and Atlantic. Beaufort and Morehead City have diversified economies including some industry.

Growth in these areas varies, too, according to the report. While the coastal areas are growing, some inland regions are losing population. Dare County experienced a 70 percent population growth from 1980 to 1990. Carteret grew by nearly 30 percent. Beaufort and Pamlico counties grew at rates of less than the state's average. Hyde County, except for Ocracoke, lost residents.



*North Carolina coastal waterfront: prime development property.*

"The report gives us a baseline on such things as tourism, commercial and recreational fishing, military activity and retirement living in North Carolina's coastal communities and shows us how these areas will lose or gain if changes occur in the region's infrastructure," Maiolo said.

The concern about development and loss of resources, Maiolo said, "means that residents and nonresident users of the coastal zone are ready for some serious planning."

## **Do plans forestall problems?**

But coastal communities already have plans. CAMA 20 years ago required local governments in the 20 coastal counties to compose land use plans and update them every five years. There are 87 such plans.

But, "we have no teeth to ensure that local governments live up to their plans," said Eugene Tomlinson, who chairs the Coastal Futures Committee land use subcommittee and the N.C. Coastal Resources Commission charged with administering CAMA.

At a Bogue Banks meeting in February, David Owen of the University of North Carolina's

Institute of Government told Tomlinson's committee that less than half the land use plans are followed, and that local governments often change the plans to suit development.

The Futures committee has met in Raleigh, Hatteras Island, Wilmington, Plymouth, Edenton, Emerald Isle, Southport, New Bern and elsewhere to hear about issues facing the coast: declining water quality, declining fish resources, pollution, competing rural land uses, CAMA's successes and failures, alternative management strategies, beach access, tourism demands, sewage treatment, citizen involvement, mining, permits and





public lands.

Problems of major proportions are evident in every coastal county:

- In Currituck County's barrier islands, where pricey vacation homes have arisen steadily since the late 1980s, officials worry about a disastrous gridlock that could occur if a major storm forced an evacuation during tourist season and people try to cross a single bridge 30 miles away. Meantime, residents here disagree over how to save the few wild horses left on the islands.

- Outer Banks commercial fishermen are at odds three seasons of the year with the burgeoning, lucrative sport fishing industry. Battle lines are drawn over whether or not to build huge jetties into the Atlantic Ocean as a way to keep open the constantly-shoaling Oregon Inlet. Opponents say jetties will increase erosion on north Hatteras Island where state Highway 12 already must be reinforced annually against overwashing tides.

- Residential development on Hatteras Island has strained water and electric utility resources to their limits [see sidebar].

- CAMA's ban on hardened structures on ocean and sound shorelines remains controversial in some quarters. Violators go unnoticed in some areas. Meantime, the Fort Fisher historic site was exempted, and a breakwater will be built to keep it from crumbling into the sea.

- Marine bases at both Cherry Point and Camp Lejeune are slated to grow as counterparts around the nation are consolidated.

- Atlantic Beach and Long Beach are typical of densely settled seaside towns that have yet to build wastewater treatment systems.

- Pender County citizens are concerned about a plan to quarry limestone two miles from the county's estuaries.

- Uninhabited Bird Island in

Brunswick County is slated for a residential development that conservationists oppose.

- The Southeastern North Carolina Watermen's Association says increasing tourism and year-round developments suck fresh water from underground aquifers and deplete the adjacent wetlands and estuaries that produce 94 percent of the coast's fish stock.

## Environmental ethic is growing

Perhaps these pressures themselves are leading communities and organizations to protect resources that are the basis for the North Carolina coast's popularity.



*Looking over Silver Lake, Ocracoke Island.*

Concern for the natural environment has become the norm along the coast, says Todd Miller, a Carteret County native who has worked for such protection with the North Carolina Coastal Federation he helped to found in 1982.

"The awareness and the concern continue to grow," he says.

But that doesn't guarantee protection of natural resources.

"The biggest problem," Miller says, "is the deep skepticism people have that anything will be done."

He often sees citizens throw up their hands and say, "Government will let the developers do what they want to do anyway."

"CAMA has accomplished a great deal in 20 years," Miller says. "But it can't rest on its laurels. What is happening now, as

the population swells, requires fresh, new approaches."

Miller sees the gap growing wider between economically depressed industries and communities, including commercial fishing and farming, and the ever-rising economy of tourism and resort development. "The resort communities are not co-existing well with the traditional industries," he says. "As development degrades the waters of the region, it gets harder and harder to make a living on the water."

There are opportunities to safeguard the future, Miller believes. "But the state has to be committed to it."

Recognizing nature as the coast's asset is the key, he says. "Natural habitats form the foundation for economic activities here."

He points to initiatives in Tyrrell County, North Carolina, where a tourist economy can develop around the wetlands recently encompassed in the Pocosin Lakes and Alligator River wildlife refuges. A \$2.7 million Estuarine Resources Center is proposed for Washington's Pamlico River waterfront. He says measures have been

taken at the headwaters of the polluted South River to protect and restore natural habitats that direct supply fishing grounds.

And efforts are multiplying to buy threatened natural areas and preserve them forever.

"That may mean a lot of money," Miller says, "but look at the money spent on bridges and highways. It's all economic development."

## Resource Information

N.C. Coastal Federation, 3223-4 Highway 58, Swansboro, N.C. 28584 (919) 393-8185.

Division of Environmental Management (water quality), P.O. Box 27687, Raleigh, N.C. 27611.





## More power for Hatteras Island

Typical of coastal institutions facing development pressure is the Cape Hatteras Electric Cooperative.

The popularity of the Outer Banks as a destination for both visitors and permanent residents continues to rise, and the existing infrastructure strains to accommodate it.

Having laid its plans, Cape Hatteras Electric Cooperative is now ready to lay a new transmission line to serve its members and their visitors.

In April, the cooperative's board president, island native and businessman Jack S. Gray, led a delegation to Washington, D.C., just as his father had done in 1945. Fifty years ago, the elder Gray obtained for the new co-op a federal loan to build the Hatteras Island electric system. This year, his son obtained \$25 million in loans and credit to upgrade that system.

Pleased at the prospects for the co-op, Gray called the trip to Washington, "quite an historic event."

The Cape Hatteras system buys electricity from North Carolina Electric Membership Corporation (NCEMC), the power supply corporation for 27 of the state's electric co-ops. NCEMC is managing the transmission system upgrade for the Cape Hatteras co-op, including environmental permitting, engineering and construction.

The project this year involves upgrading a 12-mile feeder line from Nags Head to Oregon Inlet. The Oregon Inlet Bridge holds two conduits that carry power three miles across the inlet to Hatteras Island. Work on a new conduit will begin this summer.

On Hatteras, NCEMC will replace 35 miles of the co-op's 34.5-kilovolt line with a 115-kilovolt line capable of handling future demand. Also, substations at Avon, Waves and Buxton will be upgraded.

In addition to usage that bursts its seams, the island's electric system is subjected to some of the harshest weather anywhere: gale-force winds, salt spray, high tides that close off the highway. The upgrade will help the system handle those conditions, too.

Bob Beadle, project engineer with NCEMC in Raleigh, says the project is "right where we should be." The in-service date remains at May 31, 1995.

The Cape Hatteras system also benefits from NCEMC's 15-megawatt diesel-powered generating station at Buxton that supplies supplemental power to the island during peak demand and emergencies.



*New beach houses on Hatteras Island.*

## Inspectors suspend drilling plans

While Mobil Oil and its partners still hold federal leases for exploratory oil and gas drilling off the Outer Banks, their latest actions indicate they do not want to drill.

"They want out," said Skip Smith, press secretary for Congressman Martin Lancaster, a Democrat from Goldsboro, who presents the 3rd District. "They have filed to recoup their investment and interest, all amounting to about 50 million."

One of the last moves by the late Congressman Walter B. Jones, who had represented most of the coast for many years, was to see that the Outer Banks Protection Act prevented more permits to Mobil. Further work also was held up by the federal

Coastal Zone Management Act.

Mobil appealed these legal obstacles, claiming the suspension amounts to a "taking," and seeks to recover its expenses. Smith said more court filing is expected this summer, "but drilling is indefinitely suspended because of red tape and the barriers erected by Congressman Lancaster, state agencies, and groups opposed to drilling."

Todd Miller of the N.C. Coastal Federation said the concern among coastal communities has been about the secondary development that offshore drilling would cause. "People saw what happened in places like Louisiana, where there was a boom for a while that went bust in a big way," he said.



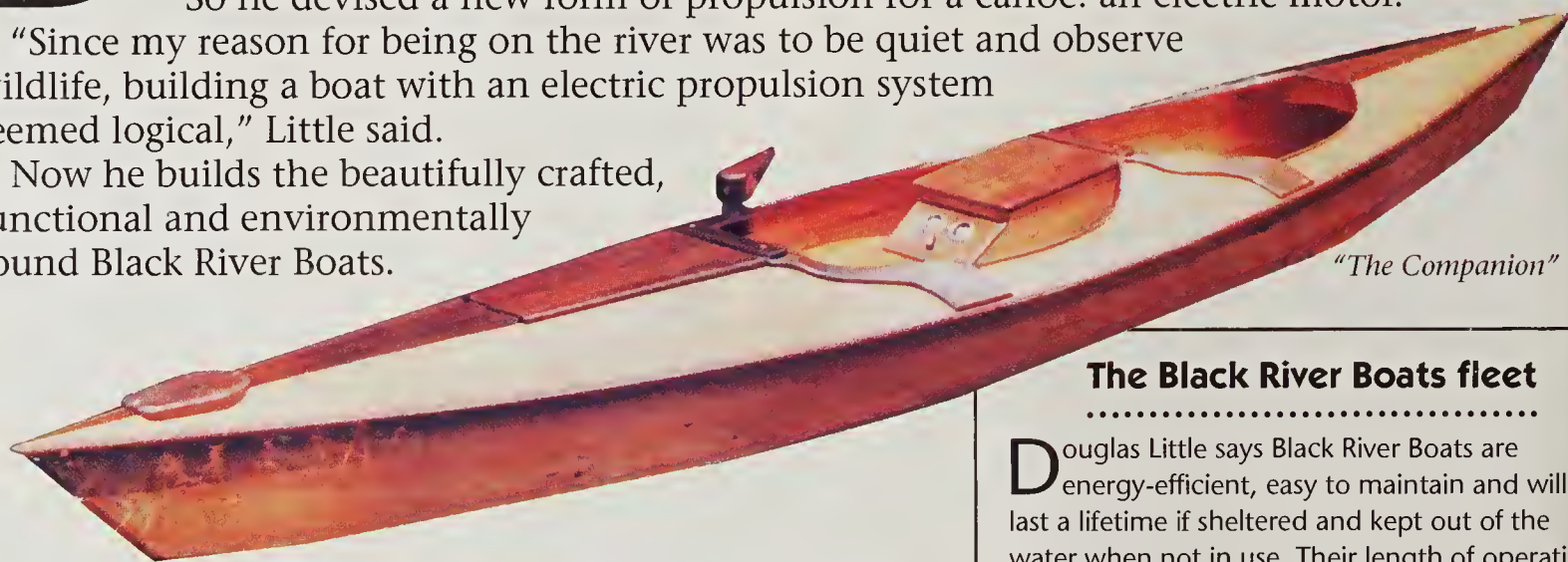
# No paddle necessary

**D**ouglas Little of Rose Hill used to paddle a canoe in the headwaters of the Black River looking for wildlife and enjoying the serenity. But too often the river was too shallow to take a paddle stroke.

So he devised a new form of propulsion for a canoe: an electric motor.

"Since my reason for being on the river was to be quiet and observe wildlife, building a boat with an electric propulsion system seemed logical," Little said.

Now he builds the beautifully crafted, functional and environmentally sound Black River Boats.



*"The Companion"*

His boats look like canoes, except they have flat bottoms. They are powered by one or more standard 12-volt, 115-amp marine batteries. They don't cost much to operate. "The Guide," designed for one person, is powered by one battery and costs about 25 cents for a 6-hour outing on the water. But they do run \$1,195 to \$4,995 to buy. These are handmade boats.

Little uses planks of Atlantic white cedar for the main components of the hull and black walnut for structural parts such as the rails, keel and seat arms. All wood is epoxy-sealed and finished in marine varnish. Little cuts, saws and seasons woods from dead fall white cedar trees and select walnut. He doesn't cut living trees to build Black River Boats.

Little tests his boats at the headwaters of the Black River, near his workshop, and puts them through hours of practical use for reliability and efficiency.

In an electric-powered boat, you can cover more distance than by paddling and still be quiet enough not to disturb the natural surround-

ings. "The electric boat allows you to keep both hands free for a camera or fishing pole," he said.

Each Black River Boat has a closed battery compartment and a well which may be used for dry storage, flooded for fish or used as a cooler. Each craft is equipped with seats for the operator and passengers (depending on the boat style), a tiller for precise control, and full variable speed in forward and reverse. The boats can operate in as little as eight inches of water and have the ability to glide over an obstacle in water that's only five inches deep.

Douglas Little is the sole distributor of Black River Boats. If you would like more information about Black River Boats or electric boats in general, look for the "Electric Boat Handbook," by Douglas Little, at bookstores. Or contact Douglas Little, Black River Boats, Rte. 1 Box 173D, Rose Hill, N.C. 28458. Phone: (910) 532-4217.

— Kim Whorton

*Douglas Little is a member of Four County Electric Membership Corporation.*

## The Black River Boats fleet

**D**ouglas Little says Black River Boats are energy-efficient, easy to maintain and will last a lifetime if sheltered and kept out of the water when not in use. Their length of operation time and speeds vary according to external factors.

**The Guide.** A straight forward open boat built to be handled easily by one person, but it can accommodate another passenger. Easy to transport and maintain. Equipped with one standard 12-volt, 115-amp marine battery. Runs at 3 mph for up to 12 hours before needing a charge.

**The Ranger.** A modified version of "The Guide," this is a little longer and equipped with two standard marine batteries. Allows two passengers or additional gear. Approximate top speed of 7 mph, and can run at 3 mph for up to 25 hours.

**The Companion.** Designed for two people on extended outings and less sheltered water. Has capacity for stored gear while still maintaining the shallow water characteristics. Equipped with two standard marine batteries and can operate at 3 mph for up to 25 hours. Made upon request in matched plank only.

**The Bullet.** Designed for up to four people. Maneuvers in shallow rivers and backwaters, as well as on lakes and other larger waters. Electric options include lights, amperage and volt gauges and depth finders. Equipped with three standard marine batteries and has a top speed of 6.5 mph. Can operate at 3 mph for up to 50 hours.



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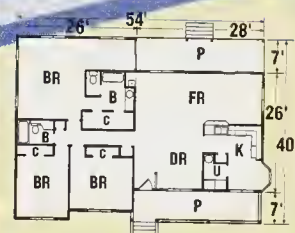
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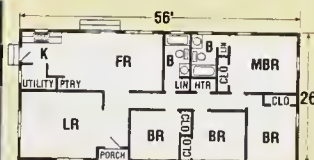
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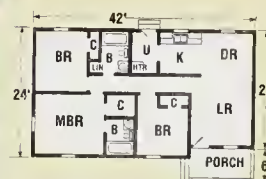
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# News of the Cooperatives



**Pitt & Greene  
EMC opens  
branch office.**



Orphanage pre-press manager Stephen Bowman with student assistant Tanya Oakes.

## Southport 5th graders grow a garden

Fifth grade students at Southport Elementary School saw their garden grow this spring, assisted by a mini-grant from Brunswick Electric Membership Corporation.

The 52 fifth graders taught by Thomas Cochran and Grace Puckett not only planted a garden, they also applied math skills, social studies, scientific processes, writing lessons and concepts from three books they read. Throughout the project, they kept a photographic record, too, and assembled a slide presentation.

Each student was responsible for their own row of plants in the Learning Co-op Research Garden, but they soon learned the cooperation necessary to make each row contribute to the health of the entire garden.

Students collected and recorded data on the garden's progress through diagrams and charts. They discussed issues raised in three books about people and nature. They monitored plants' progress in relation to earlier experiments and kept a log. And they wrote stories and poems about their observations. One student's poem was used in conjunction with a dance performance.

Brunswick EMC donated \$250 to the project. This is the second year of the Brunswick EMC education mini-grant program. A total of 13 mini-grants were given in the Brunswick service area.



Southport teacher Grace Puckett (left) boasts about the Learning Co-op Research Garden.

## Oxford Orphanage has a graphics camera

Student trainees in the Oxford Orphanage print shop are now getting their first hands-on experience in using a graphics camera donated to the institution by Carolina Electric Cooperatives. The camera produces negatives and prints that are used in the printing process.

"The new camera represents a giant step forward for us, and will make our operation much faster and more efficient," said Stephen L. Bowman, the shop's pre-press manager.

The camera previously had been used by the state office of Carolina Electric Cooperatives (Raleigh) in producing various publications. It was phased out after a new desktop publishing system was installed.

Philip Donovan, manager of the orphanage print shop, said students at the orphanage are required to participate in vocational training and work experiences on campus.

"We have 15 students regularly assigned to duties in our shop. Each of them works an hour in the afternoon when school is in session but they work five hours a day during the summer."

The orphanage, which was established in 1872, is operated by the North Carolina Masonic bodies. It currently serves 170 children and youth, providing residential care for individuals who cannot receive adequate care in their own homes. Plans call for the institution to be renamed the Masonic Home for Children at Oxford.

## Electric mowers cut it at Tideland

The initial order of 20 demonstration models of cordless electric lawn mowers was still on its way to the Pantego office, but Tideland Electric Membership Corporation already had sold 16 of them.

The 24-volt, battery-powered, cordless Ryobi Mulchinator [Carolina Country, M



1994] is a hit among the Tideland members of eastern North Carolina. Because there is no nearby Ryobi dealer, and seven nearby authorized service centers, Tideland offered the mowers to co-op members for \$299.95, reports member services specialist Heidi Smith.

For more information, contact Heidi Smith at Tideland EMC, (800) 637-1079.

## Co-op assists industrial park

Pitt County is watching a new industrial park take shape thanks to the leadership of Pitt & Greene Electric Membership Corporation and its general manager Mark A. Suggs.

Roads and utility services will be constructed this summer in the Farmville Industrial Park, located just beyond the Farmville city limits on U.S. 264. Plans call for two speculative buildings to be constructed after the infrastructure is in place. Recruitment of new and expanding industry already has begun.

Suggs has worked closely for many months with Farmville officials and the Pitt County Development Commission in making the park a reality.

In other news, Pitt & Greene EMC opened its first branch office April 4 in Snow Hill. In dedicating the office next to the Greene County courthouse, Suggs recalled the dream of the late co-op president J.J. Grimsley of Ayden, who worked toward establishing the office.

## Rural TV sales awards

Four North Carolina cooperatives were recognized recently for their Rural TV marketing achievements. Rural TV is a broadband satellite TV programming service offered to member cooperatives by the National Rural Telecommunications cooperative (NRTC).

Lumbee River Electric Membership Corporation added 117 new subscribers in 1993 and received NRTC's 1993 Top sales award among Rural TV affiliates with less than 800 subscribers.

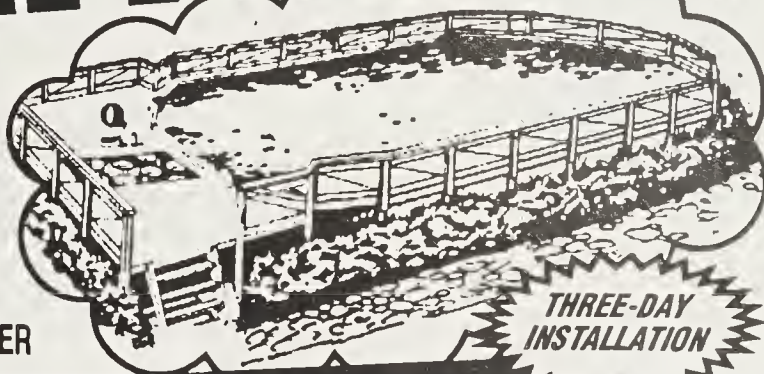
Edgecombe-Martin County EMC surpassed its 1993 sales goal by 242 percent and Pitt & Greene EMC surpassed its goal by 542 percent and were cited for those achievements.

Star Telephone Membership Corporation won NRTC's 1993 marketing award among telephone co-op members, exceeding its 1993 sales goal by 84 percent.

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**Guide to  
historic sites,  
page 17.**

## "Wild North Carolina"

The Nature Conservancy's North Carolina chapter has raised more than \$11 million toward a \$15 million goal in its "Wild North Carolina" campaign. The campaign is the largest private environmental fundraising effort in North Carolina history and aims at protecting some of the state's most ecologically critical and threatened lands and waters.

Two gifts gave the campaign momentum. The estate of the late Mary Whiting Ewing of Chapel Hill gave a \$4 million bequest. And a \$3,070,900 gift from Fred and

Alice Stanbeck of Salisbury, Lawrence Stanbeck of New Orleans and Brad Stanbeck of Canton allowed the Conservancy to purchase 291 acres of Grandfather Mountain's Wilmore tract.

"Wild North Carolina" invites citizens to contribute to the Conservancy's work. Executive director Katherine D. Skinner says that more than 50 species of plants and animals in North Carolina are listed as federally endan-



gered or threatened, and that the N.C. Natural Heritage Program considers conversion of natural lands for human needs the major threat to natural resources.

Since 1977, the chapter has protected more than 353,000 acres in the state.

Projects targeted in the campaign are: Grandfather Mountain; Black River in Bladen and Pender counties; Nags Head Woods in Dare County; Carolina Bays in Hoke, Robeson and Scotland counties; a band of mountain and piedmont bogs running from Henderson County to Clay County and in Avery, Watauga, Ashe and Alleghany counties; lower Roanoke River floodplain in Bertie, Halifax, Martin, Northampton and Washington counties; and longleaf pine forest in the southeastern coastal plain.

For more information, contact The Nature Conservancy, Carr Mill Suite D-12, Carrboro, N.C. 27510. (919) 967-7007.

## Jones County judge wants "outlawry" repealed

A new novel focusing on a racial incident highlights a North Carolina law declared unconstitutional but never repealed. Still a part of North Carolina law is the notorious "outlawry proclamation" whereby any individual proclaimed an outlaw can be legally hunted down and killed by law officers or any citizen.

Former North Carolina District Court Judge Walter Henderson wants to see the repeal of the 250-year-old method of hunting and killing people in the state. The so-called outlawry statute was used in 1965, Henderson says, when Wardell Burge was killed in a house fire in Jones County.

Outlawry proclamations were issued as early as the 1840s in several states to give slave owners authority to hunt down and slay runaway slaves who did not surrender when asked to do so. The law was declared unconstitutional in 1976 but remains a part of North Carolina law, Henderson says. It was applied only three years ago, he adds, and permits any citizen to capture, arrest and kill a criminal suspect.

The judge's novel about the 1965 incident, "Death by Suicidal Means: The Killing of Wardell Burge," dramatizes the killing of Burge, a mentally disturbed black man who was experiencing religious hallucinations, alarming local citizens. He died when the house where he was hiding burned to the ground in the confrontation with law officers who had obtained an outlawry proclamation against him. The official report declared Burge died "by suicidal means." But the circumstances of Burge's death have never been adequately explained.

Around these incidents, Henderson weaves a novel, exploring the tangled relationships of small town Southern society pervaded by racism. As the book progressed, Henderson says, people with whom he discussed it, including state lawmakers, were disturbed that the statute has not been repealed.

"Death By Suicidal Means: The Killing of Wardell Burge" is 233 pages in hard cover (\$19.95) and softcover (\$8.95), available at bookstores or from Inheritance Press, P. O. Box 2598, Chapel Hill, N.C. 27515. (919) 933-3303.







*The main stairway at Chinqua-Penn*

### Rockingham County manor re-opens

The Chinqua-Penn Plantation in Rockingham County has reopened.

The 1920s-era, 22-acre estate was given to the University of North Carolina system in 1965 and was closed to the public in 1991 because of budget cuts. The Chinqua-Penn Foundation was formed soon afterward and directed a volunteer drive to reopen the place.

The country manor has a collection of eclectic art and furnishings dating from prehistoric times to the 1940s, as well as unusual landscaping combining art and exotic plants. It recently received a donation of 300 patented rose bushes to revive its formal rose garden. There is also a museum store.

For more information, contact Chinqua-Penn Foundation, 2138 Wentworth St., Reidsville, N.C. 27320. (910) 349-4576.

### Chicken cooking contest

The 40th National Chicken Cooking Contest entry deadline is Oct. 15.

Last year, Rosemarie Berger of Jamestown won the national top prize of \$25,000. As one of the leading broiler-producing states in the U.S., North Carolina stands a good chance of producing another national winner, says the N.C. Poultry Federation. Each state will send a finalist to the national contest in Atlanta next spring.

For entry information, send a stamped, self-addressed envelope to Chicken Contest Entry Information, c/o N.C. Poultry Federation, 4020 Barrett Drive, Suite 102, Raleigh, N.C. 27609.

### Try to control mosquitoes

Destroying mosquito breeding sites is the best way to control the insects, according to entomologists at North Carolina State University.

If you want to identify mosquitoes in your area, catch a few dozen mosquitoes by placing a jar over them as they land, then freeze them dead. Layer them between tissue paper and take them to an N.C. Cooperative Extension Service Center. Extension will forward them to the N.C. Plant Disease and Insect Clinic at N.C. State where they will be identified.

Once the pests are identified, you can try locating their breeding area.

A new control product called Mosquito Dunks is effective on the habitat if used when mosquitoes are breeding, the entomologists say. The Dunks look like small donuts which float on water and contain bacteria that kill mosquito larvae.

Temporarily wet areas are what mosquitoes like to breed in, such as ditches that don't drain completely and water-filled holes in trees.

As for combating mosquitoes elsewhere, entomologists Charles Apperson and Mike Waldvogel suggest keeping them out of your living area. For outdoor protection, use drugstore repellents.

Citronella, an oil derived from a plant, has some repellent quality, but not much, they say. Electronic zappers and ultrasound devices are ineffective. And, they add, while bats and purple martins eat plenty of mosquitoes, they don't consume enough to be effective controllers.

Also, spraying pesticide around or inside a house probably won't reach the pests where they live, the scientists say.

For more information, contact your nearest N.C. Cooperative Extension Service office.

### All N.C. historic sites in one book

Preservation North Carolina has published a first-ever guide attempting to list all historic sites in the state that are routinely open to the public.

Most sites are owned by non-profit organizations or by state or local government agencies.

The 3½-by-8-inch booklet contains 48 pages. It groups the sites into western, Piedmont and eastern areas of the state, and is organized by county within those areas.

Information in "The Complete Guide to North Carolina's Historic Sites" includes address, phone number, a brief description, fees, hours of operation, facilities for the disabled, and whether the site is listed on the National Register of Historic Places or in a National Register historic district.

Preservation/North Carolina is the state's only private, non-profit organization dedicated to preserving historic resources statewide.

The guide is available at welcome centers along the state's borders, or from Preservation/North Carolina, P.O. Box 27644, Raleigh, N.C. 27611-7644. (919) 832-3652.





# Books

by Peggy Howe



Summer  
reading.

## Separating the Men From the Boys: The First Half Century of the Carolina League

Jim Sumner

260 pages, hardcover

In time to observe a 50th anniversary year, a book on professional baseball's Carolina League traces the history of the sport in this area.

Author Jim Sumner tells the story of the founding as a predominantly North Carolina league during World War II. Through it all, the league has been recognized by fans and players alike as a fast

track to the majors. Carolina League talent included such Hall of Famers as Carl Yastrzemski, Willie McCover, Rod Carew and Joe Morgan. The movie "Bull Durham" immortalized Crash



Davis and revitalized interest in local clubs. The second half century promises to be as bright as its first.

Black and white illustrations, indexes, appendixes and bibliography.

Available from bookstores for \$17.95 or contact John F. Blair, 1406 Plaza Drive, Winston-Salem, N.C. 27103-1470. (800)-222-9796.

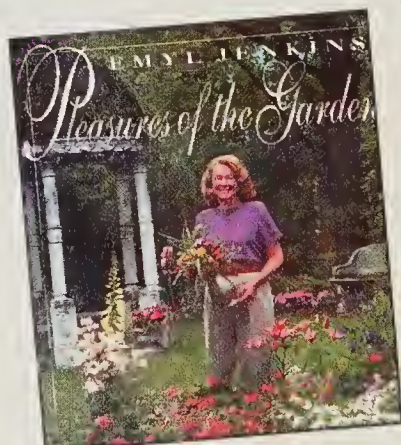
## Pleasures of the Garden

Emyl Jenkins

189 pages, hardcover

It is evident in "Pleasures of the Garden" that North Carolina author Emyl Jenkins delights in her own garden as well as others' gardens. She

explores the lore, the poetry and universal allure of gardens — those along winding pathways, down country roads, the grand formal gardens of another time, the farmers' markets and on to the seashore



and mountains.

Delightfully heartwarming stories of gardens in all seasons and for all occasions — from inspiration to hope, pleasure and comfort, to garden ornaments and gifts and even garden celebrations. More than 250 vivid color photographs.

Available in bookstores for \$30 or contact Crown Publishers, Inc., 2201 E. 50th St., New York, N.Y. 10022.

## Sherman's March

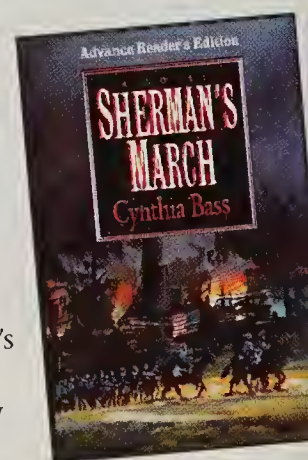
Cynthia Bass

229 pages, hardcover

"Sherman's March," a first novel, tackles a mammoth subject on a more personal level.

In a unique way, Cynthia Bass offers absorbing details of the Civil War from three distinct and intimate voices: Gen. William Tecumseh Sherman, himself; one of Sherman's captains; and a Southern widow forced from her home during the destructive march from Atlanta to the sea. Readers see up close the effects of the infamous Order #120 which precipitated the march and its effect on the three individuals and those surrounding them.

Available at bookstores for \$21 or contact Villard Books, 201 E. 50th St. New York, N.Y. 10022. (212) 572-2720.

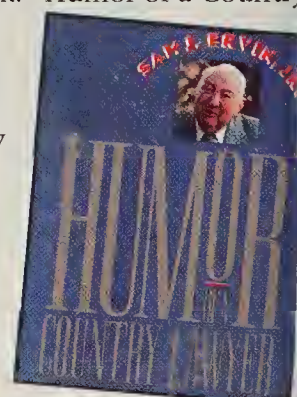


## Humor of a Country Lawyer

Sam J. Ervin Jr.

212 pages, softcover

Old-timey humor from a beloved statesman is now available in a paperback. "Humor of a Country Lawyer" offers a delightful collection of stories and anecdotes by the late Senator Sam J. Ervin Jr. (D-N.C.), one of this country's best loved and wisest senators.





Subjects range from his Morganton hometown to Washington's Watergate.

First published in 1984, the new version, in paperback for the first time, presents a lifetime of wit and wisdom, told in the senator's inimitable style. Senator Sam served in the U.S. Senate from 1954-1974 and is probably best known for his role in the Watergate hearings.

Available for \$11.95 in bookstores or from the University of North Carolina Press, P.O. Box 2288, Chapel Hill, N.C. 27515-2288. (800) 848-6224.

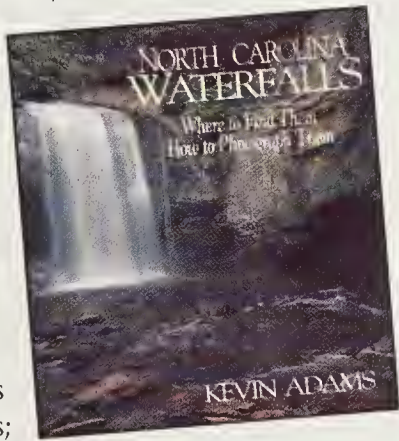
**North Carolina Waterfalls: Where to Find Them, How to Photograph Them**

*Kevin Adams*  
208 pages, softcover

A nature photographer with a lifelong love of waterfalls has produced a new guidebook on North Carolina's waterfalls. Frustrated by a lack of information while looking to photograph falling waters, Kevin Adams researched almost 300 waterfalls for this book. The 208-page volume is the most comprehensive guide available and serves as a travel guide and a how-to guide for photographers. He concentrates on 200 waterfalls, with full listings for 160 different locations, all accessible to the public.

Adams offers details on names of falls, including local variations; directions to the falls; and details on property owners and handicapped accessibility; plus photographic tips on equipment, exposures, composition and lighting, and seasonal variations. Also, tips on photographing rainbows and moonbows; and how to shoot in spray and rain. Black and white and color photographs. The author also conducts photo tours in the spring and fall.

Available for \$14.95 in bookstores or from publisher John F. Blair, 1406 Plaza Drive, Winston-Salem N. C. 27103. (800) 222-9796.



**Here We Are in Paradise**

*Tony Earley*  
208 pages, hardcover

North Carolinians can relate to these stories in Tony Earley's first collection. Each totally different narrative offers characters creating indelible moments, when they begin to change or to grow, or when they begin to understand another person truly.

Set in North Carolina's big cities, tiny hamlets, mountain hollows and tourist towns, Earley's stories are funny, sad and wonderful — reflecting the reader's own emotions in similar situations.

Available for \$19.95 in bookstores and from the publisher,



Little Brown and Co., 1271 Avenue of the Americas, New York, N.Y., 10020. (212) 522-8064.

**Safe Passage**

*Ellyn Bache*  
234 pages, softcover

The rearing of seven sons teaches a mother to put her family first — and this mother's fervent wish is the safe passage of her sons throughout their lives.

In this new edition of Wilmington author Ellen Bache's 1988 novel, an entire family comes together during a crisis, ensuring family survival whether or not one member does. Publication of the new edition coincides with the beginning of a film version of the book starring Susan Sarandon.

The vivid and heartwarming story revolves around the entire family's uncertainty of the fate of their son and brother, a 19-year-old Marine, missing in the 1983 terrorist attack on the barracks in Beirut. Each family member deals with the concern in his own way, true to his own personality. Besides the recognition of the complexities of parenting, author Bache provides a suspense tale, a family drama and even some comedy.

Available in bookstores for \$8.95, or for \$11 postpaid from Banks Channel Books, P.O. Box 4446, Wilmington, N.C. 28406.



**Cape Fear Rising**

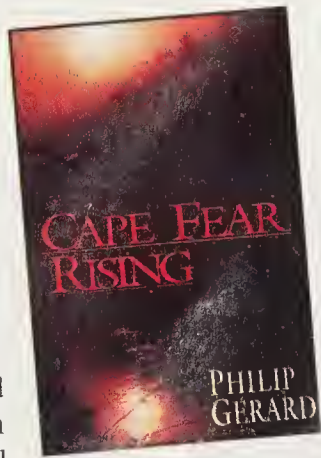
*Philip Gerard*  
416 pages, hardcover

Turn-of-the-century Wilmington is the setting for "Cape Fear Rising." In this novel based on actual events, Philip Gerard has captured the drama and consequences of one of the most significant events in Wilmington's and North Carolina's history.

Gerard mixes the increasing influx of middle class Negroes with Caucasian civic leaders determined to take back their town. "Cape Fear Rising" describes the bloodbath racial conflagration that changed the city for good. Thousands are killed; others flee. Most never return.

In a few years, Wilmington lapses into a relatively minor status, after being described as "a city of unlimited potential, the most important town in the state and greatest port between Baltimore and Charleston."

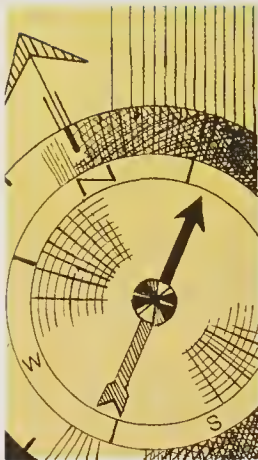
Available for \$18.95 from bookstores and the publisher, John F. Blair, 1406 Plaza Drive, Winston-Salem, N.C. 27103. (800) 222-9796.



NOTE: The correct price for "Lift Up Your Head, Tom Dooley" by John Foster West [Carolina Country, May 1994] is \$13.95 in book stores or from the publisher, Down Home Press, P.O. Box 4126, Asheboro, N.C. 27204. (910) 672-6889.



# Here, There and Everywhere



## Across North Carolina.

### Old Threshers Reunion

July 1-5, Denton

"The greatest steam, gas and antique farm machinery show in the Southeast" on 100 acres of Denton Farm Park. Restored buildings, farm equipment demonstrations, more than 1,500 engines, rides, country music stars daily, country vit-tles. \$9 adults, \$5 children under 12. Contact: Southeast Old Threshers Reunion, Rte. 3, Box 640, Denton, N.C. 27239. (704) 869-3663.

### 22nd Fourth

July 3-4, Wake Forest

The 22nd July 4 celebration in historic Wake Forest features on Sunday the Embers Band, a parachute team, Statue of Liberty, Boy Scouts, Serendipity Choral and 9 p.m. fireworks over Wake Forest/Rolesville High School stadium. Monday is the 10 a.m. Children's Parade and celebration later with food and recreation at Holding Park. Contact: Town of Wake Forest, 401 Elm St., Wake Forest, N.C. 27587. (919) 556-2024.

### Tweetsie Railroad

July 4, Blowing Rock

Old-fashioned railroad July 4 bash with live entertainment including cloggers, blue grass music, a palace show and a spectacular fireworks display which is free to the public. Contact: Tweetsie Railroad, P.O. Box

388, Blowing Rock, N.C. 28605. (800) 526-5740.

### Sportfishing festival

July 6-10, Morehead City

A \$172,000 purse tournament, junior tournament, boat and trade show, arts and crafts, kids fishing pond, environment programs, food, music, dancing. At the Crystal Coast Civic Center. Benefit auction July 8 for Core Sound Waterfowl Museum. Contact N.C. Sportfishing Festival, P.O. Box 1882, Morehead City, N.C. 28557. (919) 808-2828.

### "Cowboy Cafe"

July 7-18, Blowing Rock

World premiere of "Cowboy Cafe," by Watauga County's Phyllis McBride, is performed by the Blowing Rock Stage Company. The story of three cafe women who want to be country music stars. Contact: Blowing Rock Stage Company, P.O. Box 2170, Blowing Rock, N.C. 28605. (704) 295-9627.

### Festival-on-the-square

July 8-10, Hayesville

Over 60 craftspeople, continuous entertainment and a food court. On Friday night a street dance, and a rodeo on Saturday night. Hours are 9 a.m. to 5 p.m. on July 9, and 1 to 5 p.m. on July 10.

### Art museum seminars

July 13-29, Raleigh

The N.C. Art Museum offers three workshops for educators: "Media Specialist: Let Art Be a Resource," July 13-14. "Art Heritage: Collections, Connection, and Reflections," July 19-22. "Art of Non-European Cultures," July 26-29. Preregistration required. Contact: Lois Staton, N.C. Museum of Art, 2110 Blue Ridge Road, Raleigh, N.C. 27607.

### "Blessing of the Fleet"

July 16, Hobucken

Features blessing of the commercial fishing fleet, gospel music, arts, crafts, local seafood, educational displays, boat tours, children's rides, games and Giggles the Clown. Hours are 10 a.m. to 6 p.m. Contact: N.C. Fisheries Association Women's Auxiliary Pamlico Chapter, P.O. Box 8404, Hobucken, N.C. (919) 745-5057.

### Crafts of Southern Highlands

July 21-24, Asheville

One of the country's most renowned craft expositions. At the Ashe Civic Center, over 150 booths featuring traditional and contemporary crafts, demonstrations and children's workshops. Also, music and entertainment. Contact: Folk Art Center, Blue Ridge Parkway, P.O. Box 9545, Asheville, N.C. (704) 298-7928.



Left: Scenes from the N.C. Watermelon Festival scheduled for Aug. 3-6 in Murfreesboro.



The Southeast Old Threshers Reunion, Denton, July 1-5.



## Annual tour of homes

### July 22, Blowing Rock

Tour of older, restored homes in Blowing Rock. Tickets include transportation, tour, handwork show and tea. Contact: the Blowing Rock Chamber of Commerce, P.O. Box 406, Blowing Rock, N.C. 28605. (704) 295-7851.

### Piedmont Berry Festival

#### July 22-23, Dobson

Cooking demonstrations and educational booths, crafts, food and live music. Berries and berry plants grown by local growers will be on sale. Contact: Terry Garwood, Surry County Cooperative Extension Office, P.O. Box 324, Dobson, N.C. 27017. (910) 386-9274.

### Benefit variety show

#### July 23-24, Mocksville

Staged in the B.C. Brock Auditorium, Mocksville, by the Davis Theatre Company, 7:30 p.m. Saturday and 3 p.m. Sunday. \$4 at the door. Contact: Davis Theatre Company, P.O. Box 91, Mocksville, N.C. 27028. (704) 634-3998.

### Macon County Gemboree

#### July 27-31, Franklin

Features gem sales, special exhibits and programs. Hours: July 27-30, 10 a.m. to 6 p.m.; July 25, 12 to 5 p.m. Admission \$2 for adults and free to chil-

dren 16 and under. Contact: Franklin Area Chamber of Commerce, 180 Porter Street, Franklin, N.C. 28734. (800) 336-7829.

### Folkmoort '94

#### July 28-Aug. 7, N.C. mountains

11th annual international dance festival, the largest of its kind. 400 folk dancers from 10 nations perform in Waynesville, Asheville and six surrounding counties. Spectators exceed 75,000 in number. Advance tickets available. Contact: Folkmoort USA, P.O. Box 523, Waynesville, N.C. 28786. (704) 452-2997.

### N.C. Symphony

#### July 29, Blowing Rock

Traditional appearance of North Carolina Symphony at Chetola Resort. This year includes a raffle for a Caribbean Cruise and other prizes. Contact: Chamber of Commerce, Box 406, Blowing Rock, N.C. 28605. (704) 295-7851.

### Crape Myrtle Festival

#### July 29-30, Edenton

First-ever celebration of the crape myrtle tree in the town that has the state champion specimen. Guided canoe trips, children's parade, Tiny Dwellings Tour, 3-legged sailboat race on Edenton Bay, trips on an Irwin sloop, baseball throw, Broad

Street boat show, art show, craft booths, food booths, parade of lights on Albemarle Sound, dance with Panama Steel. Contact Town of Edenton, Recreation Division, (919) 482-8595.

### High Country Crank-Up

#### July 29-31, Boone

Antique engines of all kinds including hit and miss gas engines, steam engines, tractors, and model engines. Hot air engine, corn meal grinding, log saws and homemade ice cream. A gas engine and antique auction on Saturday. Free camping for exhibitors. Contact: Mack Hodges, (704) 264-2196.

### Watermelon Festival

#### Aug. 3-6, Murfreesboro

North Carolina's largest agricultural parade, a crafts fair, amusement rides, helicopter rides, entertainment, an antique gas engine and tractor show, watermelon games and free watermelon slices. Contact: Kay Mitchell, P.O. Box 3, Murfreesboro, N.C. 27855. (919) 398-5922.

### Wild Herb Weekend

#### Aug. 5-7, Valle Crucis

Presented by the North Carolina Herb Association. Contact: J. M. Davis, 2016 Fanning Bridge Road, Fletcher, N.C. 28732.

## Ongoing this summer

### Tobacco warehouse tours

#### Beginning July, Wilson

Daily tours of warehouses in the town that had the largest tobacco market in the nation. Tobacco Farm Life Museum in Kenly is also open. Contact: Wilson Visitors Bureau, 220 Broad St., P.O. Box 1146, Wilson, N.C. 27894. (800) 497-7398

### "Songs of My People"

#### Through July 17, Raleigh

The N.C. Museum of Art hosts this exhibition of 100 black and white photographs, taken by 50 of the country's most prominent African-American photojournalists, that chronicle the experiences of African-Americans and their contributions to American culture. Contact: N.C. Museum of Art, 2110 Blue Ridge Rd., Raleigh, N.C. (919) 833-1935.

### "Micajah"

#### July 14-16, 21-23, 28-30, Autryville

An outdoor drama which highlights the life of Micajah Autry, native son, soldier, teacher and lawyer who died a hero's death alongside Davie Crockett and Jim Bowie fighting for Texas independence in the Battle of the Alamo. Contact: Micajah, P.O. Box 52, Autryville, N.C. 28318. (910) 525-4621.



Above and right: The photo exhibit "Songs of My People" is at the N.C. Museum of Art, Raleigh, through July 17.



The outdoor drama "Sword of Peace" runs in Snow Camp through Aug. 13.



**Gaston County Museum**  
 .....  
**Through July, Dallas**  
 Programs in July include turn-of-the-century train depot, World War II cartoons and Gaston County artifacts of the war years. Contact: Gaston County Museum of Art & History, 131 West Main St., Dallas, N.C. 28034-0429. (704) 922-7681.

**Chowan Art Exhibit**  
 .....  
**July 10-Sept. 6, Edenton**  
 In the Chowan Arts Council Gallery, sculpture in metal, rock and wood, and expressionistic oil paintings, by Lars Simonsen. Also, a display on pencil drawings, mostly of the University of North Carolina campus. Contact: Chowan Arts Council, (919) 482-8005.

**"Southern Part of Heaven"**  
 .....  
**Through July, Chapel Hill**  
 The Ackland Art Museum hosts "The Southern Part of Heaven: Drawing on Memories," works on paper which present Chapel Hill and Carrboro through the eyes of two artists who grew up there in the early 1900s: illustrator William Meade Prince and African-American songwriter Elizabeth Cotten. Contact: Ackland Art Museum, University of North Carolina at Chapel Hill, Chapel Hill, N.C. 27614. (919) 966-5736.

**Music in Brevard**  
 .....  
**Through Aug. 7, Brevard**  
 The 58th season at the Brevard Music Center includes performances by Tammy Wynette (July 25), pop symphonies "From Vienna to Broadway" (July 16), "The Music of Jerome Kern" (July 30), opera soprano Frederica von Stade (July 24), Russian pianist Vladimir Feltsman (July 31). Also three concerts by center alumni, five stage musicals, and two concerts with patriotic themes. For a complete list: Brevard Music Center, P.O. Box 592, Brevard, N.C. 28712. (704) 884-2019.

**Snow Camp plays**  
 .....  
**Through Aug. 13, Snow Camp**  
 New outdoor history play about the Underground Railroad, "Pathway to Freedom," plays Monday, Tuesday and Wednesday evenings. Perennial Revolutionary War-era play about the Quaker movement, "Sword of Peace," plays its 21st season Thursday, Friday and Saturday evenings. Children's show "Snow White and the Seven Dwarfs" runs Saturday mornings. And Broadway musical "Joseph and His Technicolor Dreamcoat" plays selected evenings in August. Contact: Snow Camp Historical Drama Society, P.O. Box 535, Snow Camp, N.C. 27349. (910) 376-6948.

**Summer art show**  
 .....  
**July 24-Aug. 14, Albemarle**  
 The Stanly Arts Guild holds its open judged summer art show at the Agri-Civic Center one mile west of Albemarle. Cash and ribbon prizes. Contact: Anita Ammerman, 24851 Bost Road, Albemarle, N.C. 28001. (704) 982-0924.

**"Beyond the Lighthouse"**  
 .....  
**Through Aug. 19, Beaufort**  
 The N.C. Maritime Museum hosts "Beyond the Lighthouse," an exhibit by Jack Saylor, senior product designer for the Bob Timberlake collection. The focus is a painting of the Cape Lookout Lighthouse from the perspective of a person lying on his back looking up. Contact: Jane Wolff, N.C. Maritime Museum, 315 Front St., Beaufort, N.C. 28516. (919) 728-7317.

**"Touchable Art"**  
 .....  
**Through Aug. 21, Statesville**  
 Exhibit at The Arts & Science Center for the blind and sighted displays work by Paul Re of New Mexico. Tactile and visual art. Groups tours can be scheduled. Contact: Arts & Sci-

ence Center, 1335 Museum Rd. Statesville, N.C. 28677. (704) 873-4734.

**Song of Liberty**  
 .....  
**July 15-Aug. 26, Kenansville**  
 An outdoor drama at Kenan Memorial Auditorium which centers on the period of the Civil War in southeastern North Carolina. The play runs each Thursday and Friday night through August. Admission is \$10 for adults, \$8 for seniors and \$6 for children 12 and under. Special rates are available for groups of 12 or more. Contact: Bill Wolfe, P.O. Box 470, Kenansville, N.C. 28349. (800) 793-3726.

**Waterfowl Museum**  
 .....  
**Harkers Island**  
 The new Core Sound Waterfowl Museum is now open Monday through Saturday from 10 a.m. to 5 p.m. and Sunday 2 to 5 p.m. Volunteers are ready to talk "ducks, decoys and Down East." Tours of Harkers Island and Down East communities available, plus help getting to Cape Lookout. Gift shop. See plans for the \$1.6 million permanent facility. Contact: Core Sound Waterfowl Museum, (919) 728-1500.



The outdoor drama "Song of Liberty" runs in Kenansville through Aug. 26.



An example of work in the Stanly Arts Guild exhibit in Albemarle.

#### Deadlines

Deadlines for submitting notices to "Here, There and Everywhere."

September issue .....July 25

October issue .....August 25

November issue .....September 25

We welcome photos and illustrations of coming events. Send notices to Calendar, Carolina Country, P.O. Box 27306, Raleigh, N.C. 27611.





# County Lines



Can you re-arrange the letters in each of the 10 lines below to spell the name of a North Carolina county?

1. A BLEND
2. CLERK BUG MEN
3. HAG RAM
4. HOW CAN
5. MAIL COP
6. MELLOW CD
7. RED PEN
8. STAGE
9. THEN ART
10. WE SILK

Answers on page 30

ativity.

## Major Improvements To Health Care Plan

"There will be no rate increases for the 1993-94 rating period," stated Grange Master Robert H. Caldwell, "and additional benefits are also being added to the Grange BCBS plan!"

Effective September 1, 1993, the Grange Plan will include:

- Parent/Children Certificate (P/Ch) to save premium dollars
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- A "Wellness Benefit" that pays up to \$100 for each covered adult's routine medical exam
- Health Track book to provide health tips to save you money
- Extended Emergency Care treatment period extended to 72 hours from time of an accident
- Four deductibles to meet your needs and reduce your premiums.

Sample Grange Rates Based on PPO Network of BCBS of North Carolina:

		PPO			
		Monthly Rates			
		September 1, 1993 - August 31, 1994			
Age		\$200	\$500	\$1000	\$2500
35-39	Ind.	128.50	109.05	92.00	71.75
	P/C	176.95	150.10	126.65	98.80
	P/CH	225.40	191.15	161.30	125.85
	Fam.	319.15	270.70	228.40	178.15
40-44	Ind.	133.20	112.90	95.25	74.30
	P/C	181.55	153.95	129.90	101.35
	P/CH	229.90	195.00	164.55	128.40
	Fam.	320.70	272.60	230.05	179.45

For more details or information on how you might qualify for this improved health care insurance, contact your Grange agent or the Grange office at:

**N.C. State Grange**

P.O. Box 9965

Greensboro, N.C. 27429

(910) 854-9000



# Hank's Gardening Guide

by Hank Smith



Color, lawns, vegetables, shade.

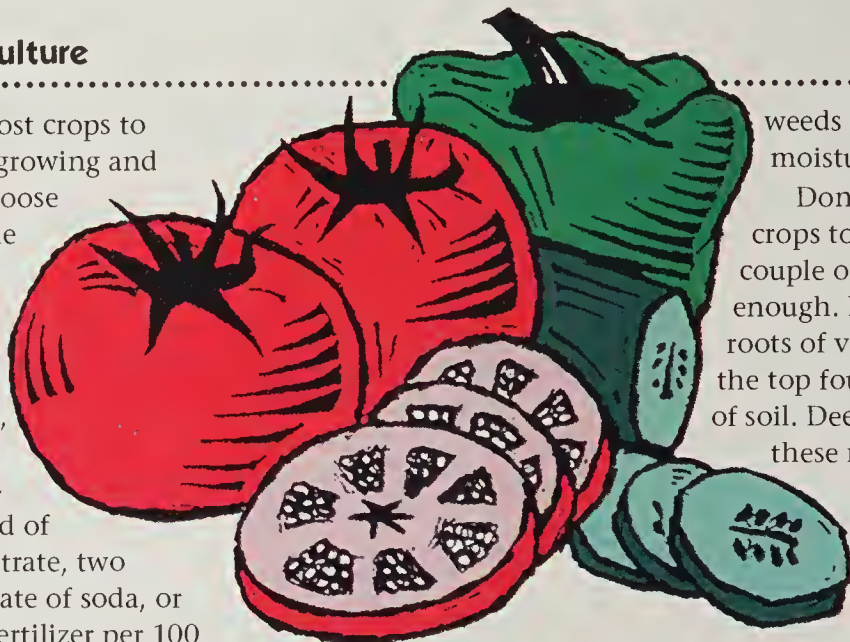
## In the summer garden

Tasks performed in the spring are paying off in color from flowers, lush lawns, tasty vegetables, and welcome shade. Although heat and humidity characterize the season, they do not signal a stalemate in garden enjoyment. Nor do they bring a halt to garden chores.

Tender spring growth of shrubs has matured to a good stage for rooting cuttings or layering low-growing limbs. Garden diseases and pests thrive in sultry weather. Give spraying and dusting top priority as you tend your garden.

### Vegetable culture

Side-dress most crops to keep them growing and producing. Choose from one of the high-nitrogen mixed fertilizers (16-8-8, 20-10-5), nitrate of soda, or ammonium nitrate. Generally, one pound of ammonium nitrate, two pounds of nitrate of soda, or above mixed fertilizer per 100 square feet of garden row will be about right. One side-dressing, two or three weeks after planting, should be enough for short-season crops. Long-season crops such as tomatoes, eggplant, peppers, and okra will need



weeds and save moisture.

Don't cultivate crops too deeply; a couple of inches is deep enough. Most feeder roots of vegetables are in the top four to six inches of soil. Deep tillage cuts these roots, resulting

in lower yields.

Don't let insects and diseases ruin

side-dressing every two to three weeks during the growing season.

Don't cultivate crops too deeply; a couple of inches is deep enough. Most feeder roots are in the top four-to-six inches of soil. Deep tillage cuts these. The end result is lower yields.

Keep weeds and grass under control as they do much damage by competing with crops for moisture and nutrients. Some weeds carry seed-borne virus diseases that are harmful to some crops. Mulching will help control

your tomatoes, beans, cucumbers, and other crops. Use a good all-purpose garden insecticide-fungicide mixture or use separate materials.

Don't use weed killers in or around your garden. In treating the lawn or nearby areas, apply spray on a still day to prevent drift.

Clean out spring crop residues after harvesting even if you don't plan to plant another crop soon. These can be a source of insects and diseases that may attack other crops you are growing.

### Prepare iris beds now

Preparing planting beds for bearded iris now will allow soil to settle before rhizomes are planted in late July or August. Dig soil at least 18 inches deep and break up any heavy lump. With heavy clay soil, the addition of well-rotted sawdust or peat moss will help to improve drainage. Good drainage is important for good iris plants.

Spade in a complete fertilizer such as 8-8-8 or 10-10-10, using a pound per 100 square feet. Mix thoroughly to prevent root-burn of newly planted or transplanted rhizomes.

Iris grows and blooms best in full sunshine. A southern exposure where there is good circulation of air will produce the finest plants and quality blooms.



### Bedding plants

Some of the flowering plants used during spring and summer can be grown for color during the fall months. Sow seeds now of zinnias, marigolds, petunias, cockscomb, and morning glory for blooms before frost.



## In the summer garden

1. Keep daylilies and hostas watered during hot dry weather.
2. Keep houseplants that are over-summering outdoors watered daily. They become very dry in containers.
3. Sow seeds for fall crops: cabbage, lettuce, broccoli and cauliflower.
4. Take cuttings of azaleas. Cut three or four inches from tip of the branch; remove all but top two leaves. Dip base of cuttings in powdered rooting hormone. Stick cuttings in bed of garden soil mixed with sand, located in shady spot. Keep moist.
5. Apply a handful of 5-10-10 fertilizer to tomato plants. Water regularly.
6. Spray rose bushes every seven to 10 days.
7. Fertilize trees and shrubs for the last time until early spring.
8. Before leaving on vacation, place container-grown plants in the shade. Arrange for a friend or neighbor to water your garden and harvest vegetables and flowers.
9. Remove old fruiting canes (stems) from blackberries and raspberries immediately after harvest. New vigorous canes should be topped at about three feet.
10. Keep grape vines and fruit trees sprayed regularly to prevent fruit rot. A spray schedule is available from your county Extension office.
11. Don't use the same sprayer for insecticides and fungicides that is used to put out week killers.
12. Fertilize warm season lawns the middle of July. Keep cutting fescue lawns at the highest setting on the mower.

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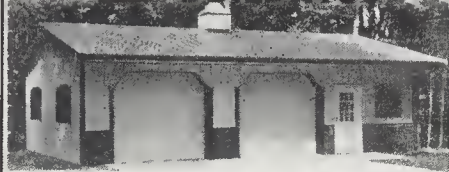
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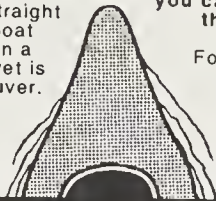
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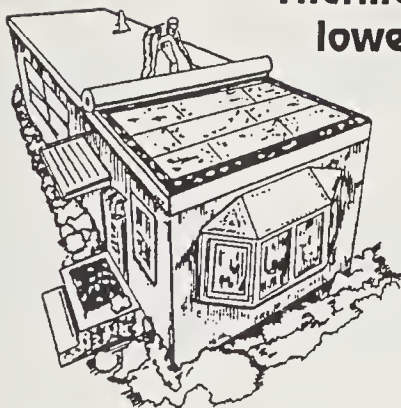
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When you make a careless error, be grateful that it isn't presented in all its glory for a million readers to share.

## Sweet solace: Seeing others repeat your mistakes

Don't you sometimes find solace in seeing others make the same kinds of careless mistakes you do?

If you're completely honest, wouldn't you have to admit you feel a bit reassured about your own failures when you see them repeated by others?

If you've ever locked your keys in your car, you may have great empathy for a stranger who's trying the old coat hanger trick to get into his locked car. But you probably also feel some relief to see that other competent licensed drivers can be just as careless with their car keys as you often are.

I feel this way when I see a "Correction" notice in a newspaper or magazine. After 30 years as a writer and editor, I sometimes read those items with a sense of gratitude that mine were never so serious. Others all too vividly recall some of my own experiences with egg-on-the-face errors.

One of the burdens of the publications business is that these kinds of mistakes can appear in black and white —perhaps in large bold type— for all the readers to see. If you've never been part of such an error, you may never be able to fully appreciate the advantage of erring in relative privacy. Imagine how you'd feel if a TV news crew were to set up in the parking lot to do a remote about your struggle to get into your locked car! Or suppose that scene were splashed across the front page of the daily newspaper!

This has been on my mind because it was the subject of two articles I read recently —just before Carolina Country became the innocent victim of a typo in a national publication.

Fortunately, the typo was harmless enough and probably embarrassed only the publication's proofreaders. Rural

Electrification magazine, which is published by the National Rural Electric Cooperative Association, reported that Carolina Country had won the association's award for the top statewide rural electric magazine. But a missing letter gave us a new name and Spell Check never even noticed: *Carolina County*.

In this case, I believe many readers were unaware of the typo because they know the correct name, and they never really "saw" the misspelled word. And others who know us surely recognized that the name was not correct and

quickly dismissed the error as just another typo. Even readers who aren't familiar with our publication probably were suspicious because they'd never believe the award would have gone to an obscure niche magazine that apparently focuses on counties in a couple of Southern states.

It's easy to blame such errors on sloppy typing or proofreading. But I know from personal experience that many others are clear the responsibility of the careless writer or editor who chose to use those incorrect words.

As a newspaper reporter, I once spent a couple of hours interviewing central office staff about a project that was being under-

taken by one of Durham's schools. When the resulting story appeared in The Durham Sun the next day, it was absolutely accurate in describing the new program but referred to the wrong school.

A similar error cropped up in Carolina Country several years ago. We came up with a story about a mountain family getting electricity for the first time, with photos of co-op representatives overseeing the process. The feature was tightly written and punctuated with lots of human interest touches. Unfortunately,

Page 5

### Former 4-H'ers Are Not Community Leaders

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jsfjafjd;sakf  
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jgljagdl'  
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poit'

#### Correction

The headline  
in yesterday's edition  
should have said  
"Former 4-H'ers Are  
Now Community  
Leaders"



it also moved the rustic home more than 100 miles west. Our next issue carried a contrite correction explaining that we erred in saying the family's home was in Yanceyville; it was really in Yadkinville.

We've also had our share of strange glitches and pure typos over the years. One installment of a series somehow carried the same headline that appeared on the previous segment. Our most memorable typo involved the word *public*, which appeared in print without the *l*, giving the sentence a dramatic new meaning. We expected this to generate a flood of criticism but it never developed. It was brought to our attention by only one reader, who was quite amused, saying she "just thought we'd like to know."

Reader reaction wasn't described in those articles I read about embarrassing errors in various publications. In some of the cases cited, they had to be lucky indeed to avoid major repercussions.

One article described a couple of typos that caused a stir for a newsletter editor at a Missouri electric co-op. The other listed boners that appeared in national consumer magazines.

Marilyn Plassmeyer of Three Rivers Electric Cooperative in Linn, Mo., who retired earlier this year after 32 years with the co-op, wrote about the typos in recalling the highlights of her career.

"On at least two different occasions, we had to line up kids to come into the office and hand-correct typos," she said. "Some, of course, we just lived with; but when you have the manager saying 'Former 4-Hers are *not* community leaders.' (instead of *now*) or 'We've seen several examples of poor *morals*' (instead of *morale*) —well, you get the idea!"

Folio magazine, a trade publication serving the magazine industry, published several tales of errors in major magazines. Most of them were reported without revealing the name of the magazine. The sole exception was this item about Glamour: "In 1992, the magazine had to issue a public retraction of its advice to readers to take boric acid tablets 'three times a day with meals' to prevent yeast infections —advice that could have killed them."

Here are more of Folio's tales:

A general interest magazine: Once, as part of a larger story, the magazine described a series of thefts from a shopping mall. "Our major source—who blamed someone else— turned out to be the actual thief."

A women's service magazine: "We misspelled the name of a well-known columnist all the way through the article. That's either sloppy journalism or total incompetence."

A men's magazine: "We ran a piece of fiction, the last two paragraphs of which were omitted. When you turned to find the continuation, you would find the end of an article that had run the previous month. The next month, we had to run the whole story again with an explanation from the editor."

A trade magazine: "Because of a conflict of interest, a writer chose to use a pseudonym. Unfortunately, along with his credentials in the bio at the end of the piece, we also wrote his real name."

A health and fitness magazine: "We had a story about how the old IQ tests were screwed up, and profiled a guy who had developed a new test designed to measure intelligence more accurately. We ran 20 sample questions, and two of the answers were wrong."

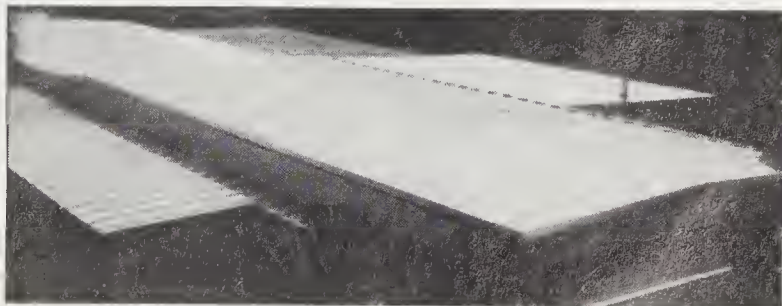
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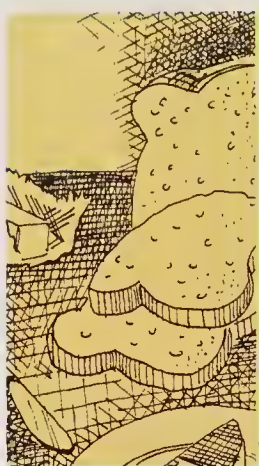
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# Country Kitchen



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## Steak Orientale

Submitted by Helen R. Templeton, Lexington

- 1 bottle (8-ounce) Wish Bone Italian Dressing
- ¼ cup soy sauce
- 2 tablespoons brown sugar
- 2 to 2½ pounds steak, beef chuck or beef round roast
- 1 green pepper, cut into chunks
- 1 onion, sliced



Place all ingredients in a large zip-lock bag in large baking dish and refrigerate for four hours or overnight, turning the bag several times to marinate the meat. Broil or grill, basting with marinade. (Serve with salad or slaw, baked potato or noodles, or ear of corn.)

Want to share recipes?

If you would like to share a recipe with Country Kitchen, send it to Recipes, Carolina Country, P.O. Box 27306, Raleigh, N.C. 27611.

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2 large eggs, lightly beaten  
1 (12 oz.) can evaporated milk  
2 1/2 cups sugar  
1 (12 oz.) can peach nectar

*Combine half of peaches and 1/4 cup milk in blender. Process until smooth. Transfer to a medium bowl, and repeat procedure with remaining peaches and 1/4 cup milk. Set aside. Combine remaining 2 1/2 cups milk and next 3 ingredients. Cook over medium heat 8 minutes, stirring occasionally. Remove from heat, stir in peach mixture and nectar. Pour into container of 4-qt. electric freezer. Freeze according to manufacturer's instructions. Yield: 1 gallon.*

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